

South Buffalo Football Association 2025 Registration

WELCOME TO SOUTH BUFFALO FOOTBALL AND CHEERLEADING

The South Buffalo Football Association (SBFA) is a youth football and cheerleading organization that works with children ages 6-14. We promote physical, mental, and moral development by providing a program that teaches our children the proper techniques to safely excel at football and cheerleading. We aim to prepare the young athletes for their lives ahead, as well as high school sports. We never stress the final score of the game; rather emphasize fun, teamwork, and most importantly good sportsmanship. We instruct our athletes to always respect their opponents, teammates, coaches, and the sports that they play.

Attached is your registration packet. Enclosed are a registration form, medical release form, photo release and code of conduct form. We also require a copy of your child's birth certificate and a physical. Football players and cheerleaders are to submit their completed forms to your commissioner immediately for eligibility. A full packet must be filled out for each child who participates in our organization.

\$250 for all SBFA athletes

\$50 of this is refunded once volunteer hours are completed.

Any child who does not have equipment will not be allowed to participate in any practices. Non-participation in practices can be grounds for being cut from the team. **NO EXCEPTIONS TO THIS DEADLINE CAN BE MADE!!**

Please be advised that the equipment and cheer uniforms are property of SBFA and is provided to your child as a rental during the season. The equipment and uniform must be returned to SBFA either at the end of the season or within 5 business days should your child leave SBFA. If the equipment and uniform is not returned by this time frame, *appropriate legal action will be taken*. There will be a fee for any lost, stolen, or damaged equipment or uniforms. Your child will not be allowed back into SBFA if this fee is not paid. The registration information must be submitted to OATKA in order for your child to participate in the league. **Please make checks payable to "South Buffalo Football Association." A \$20.00 fee will be charged for any returned checks.**

The registration fee covers the cost of the rental of equipment and uniforms along with necessary league insurance and fees, and other cost associated with running our organization. The league insurance is a secondary medical insurance policy. All claims must be submitted to your own medical insurance policy prior to league submission. Also note there is a deductible before you can submit your claim to the league insurance.

Emergency Medical Authorization/Medical Release

In the event reasonable attempts to contact me at the above listed phone number have been unsuccessful, I hereby give my consent to the administration of the emergency medical treatment by any licensed physician or dentist and to transport the child to any reasonable accessible hospital facility. I know of no reason(s) why my child should not participate in SBFA activities.

Volunteer Responsibilities

Every player and cheerleader in SBFA will be required to participate in our mandatory fundraiser. **Each parent will be expected to work one home game in the concession stand or three/four hours at one of South Buffalo Football Association's special events.** This is for *each child* that is registered. We will keep track of volunteer hours for every child, every team. It will be YOUR responsibility to "sign off/out" for the hours you completed. The Concession stand Coordinator will have a sign up and maintain records for volunteers. It is mandatory that parents sign up to work at least one SBFA function.

The \$50 refundable volunteer fee will be disbursed by your team's commissioner the following week of practice after the shift has been completed.

It will *not* be returned the day the hours are completed.

| | | |
|--|-----------------|--|
| Saints Commissioner | Carol Patchett | 430-9467 |
| Leprechauns Commissioner | Michele Nebrich | 394-3317 |
| Tigers Commissioner | Katie Host | 310-0465 |
| Shamrocks Commissioner | Lynn Bader | 698-7893 |
| Concessions Coordinator & Volunteer | Amanda Pilarski | 748-1305 SBFA Volunteers on Facebook |

By signing the registration, I hereby give permission for my child to participate in any and all activities of the South Buffalo Football Associations, Inc. during the current season. I do hereby waive, release, absolve, indemnify and agree to hold harmless the above names association, its sponsors, administrators, coaches, participants, supervisors and persons transporting my child to and from such activities, from any claim arising out of an injury to my child, except to the extent and in the amount covered by accident and liability insurance. The above also holds true for any injury, which may occur prior to, during, or after practices, or games have ended, I have read and agreed to all South Buffalo Football Associations, Inc.'s Parent Code of Ethics. Registration fees are non-refundable except in cases where players are not invited to play due to roster constraints.

I/We agree to return, upon request, the South Buffalo Football Association uniform and any equipment issued to my/our child in good condition, when received, except for normal wear and tear.

Should I/We fail to return such uniform or equipment immediately following the last game of play, or on said, "return equipment day", or in the event any issued items are lost, stolen, or damaged outside of normal football participation, I/We agree to reimburse the South Buffalo Football Association Inc., in accordance with the established cost list:

Helmet \$175.00

Shoulder Pads \$75.00

Cheerleading Uniform \$185.00

It is understood that the equipment issued is for the sole purpose of participation with South Buffalo Football Association Inc., and must be returned as specified above, or as designated by the team's coach or any other South Buffalo Football Association Board member.

Media Release

I hereby consent that photos and video may be taken or used by SBFA for publication, training, or other purposes consistent with the mission of the organization. I further agree that said materials shall become the property of SBFA, and I release and discharge SBFA and its representatives from any and all claims that may arise by reason of taking said photographs or videos.

Social Media Disclosure

Anyone that uses social media (Facebook, Twitter, Snapchat, etc.) to make *DEROGATORY REMARKS OR VERBALLY ATTACK* South Buffalo Football Association, its Board Members, Coaches, or the families involved will or can be immediately removed from all South Buffalo Football functions. If need be, your child will also be removed due to your actions.

Additional Rules

- Parents/Guardians cannot contact South Buffalo Football Association staff between the hours of **9pm and 8am**.
- Parents or anyone other than SBFA staff are not allowed on the SBFA practice and game fields.
- Parents must wait to retrieve their athlete once the coaches dismiss the team, (excluding medical/family emergencies) unless previously arranged with the Head Coach.
- If a child quits or gets removed from the organization, SBFA equipment/uniforms must be turned in within 24-48 hours.
- If a Parent/Guardian removes their child from a sideline and/or game, the athlete may not participate in play for the next game. They are to attend the game and sit. If they do not attend and sit, they will be removed from the team.
- SBFA reserves the right to remove anyone from Tiff Field should it be necessary.
- If a cheerleader is 15 minutes or more late to game day practice without communication to their child's head coach, the cheerleader cannot perform that halftime routine.
- Practice the week of a cheerleading competition, and competition days are **MANDATORY**. With the exception of medical situations (with a note from a doctor), an emergency situation, and notice beginning of the season to your head coach. Coaches reserve the right to not allow a cheerleader to compete for fairness to the team in these circumstances.
- **48 Hour Cool Down Rule**- Parents/Guardians must wait to contact a coach until 48 hours after a game/competition day if there is a concern.

THE '48' HOUR RULE

Youth sports can be an emotional experience. The physical activity of the kids can often spill onto the sidelines and into the stands and create strong reactions in coaches and parents. Each year 2.5 million people volunteer their time to help coach youth sports. These coaches are just one vehicle that provide organized youth athletics an existence. As parents, we will not always agree with a coach's decision. However, it is important to recognize that the coach's role is to make decisions for the team first and a player second. Also, we need to understand that most players are not aware of any problem until we, as parents, bring it to their attention. For parents, it is important to separate their child's sports development from game time emotions. For this reason, we adopted the "48 HOUR RULE" which simply states, that coaches will not discuss a game, or situation in a game, until at least 48 hours after the fact. Parents/guardians are not allowed to confront a coach, team, player, board member, or league official to discuss any "negative" game or practice situation(s) with the coaching and Board of Directors until at least 48 hours has passed from the completion of the game or practice. A confrontation shall consist of any conversation, which elevated from a normal speaking tone and demeanor to one which involves yelling, profanity, or derogatory comments toward said coach, team, player, board member or official.

Football and cheerleading are physical and emotional sports. Physical battles and tough calls among other things can spill on to the bench and tends to create strong reactions from coaches and parents. The intense emotional aspect of these sports is one of the reasons it makes exciting entertainment, but it is important to have a 'cooling off' period so that emotions do not cloud judgment.

If parents respect the 48-hour rule, their concerns are MORE likely to be fully addressed in a reasonable discussion. More importantly, the kid's enjoyment of a game won't be marred by an ill-timed confrontation. The intent of this rule is to move an emotional and confrontational discussion away from the presence of the players, and to allow the parties to 'cool off', compose themselves, and put the incident or situation that occurred in the game in perspective before meeting to discuss it.

NEW COMMUNICATIONS IN 2025

This season, we will begin implementing email communication. The email addresses provided in this document will be added to our distribution list for updates for **all South Buffalo Football Association teams**. Any updates specific to your team will be provided to you by your team's Commissioner and/or Head Coach.

****** You will need to add SBFAdonotreply@gmail.com to your contacts to ensure the emails will not go to junk/spam and are received. ******

We will continue the current communication systems between your Head Coaches and Commissioners. This will be running alongside the current systems. This email box is not monitored and will only be used to send out necessary updates. If there are any questions with anything received, please reach out to your team's Head Coach or Commissioner. We appreciate your understanding and patience as we implement this new system.

South Buffalo Football Association strives to ensure a safe space for the children and families in our organization. Our field is our home; where our athletes can play and enjoy the sports they love. For our young athletes to thrive, we ask that the conduct of everyone in our organization respect one another on and off the field. In the unfortunate cases that an issue does arise, we have created the below rubric and index to provide transparency of how we will determine how it is resolved. This will also be followed for all spectators at any event/game/practice, etc.

Disciplinary actions will be determined by the Head Coach and SBFA board.

Please join us in keeping SBFA a safe and fun outlet for our families.

| Disciplinary Rubric | |
|---|--|
| Offense | Examples of Consequences |
| <ul style="list-style-type: none"> • Bullying/Cyberbullying 1 • Bullying/Cyberbullying 2 • Promoting threats or acts of violence • Discrimination • Illegal Activity • Assault • Harassment • Sexual Assault • Sexual Harassment | <ul style="list-style-type: none"> • Official Warning and Community Service at field on practice and/or game day. Length of time and duty determined by the infraction. • Suspended for 1 week • Removed from SBFA for the season. To be reviewed by SBFA Board for next season <p><i>These are examples of consequences, and all infractions will be reviewed between the Head Coach and SBFA board to be handled appropriately.</i></p> |

Index:

Suspension- Sitting at practice/game/competition/events.

Bullying/Cyberbullying 1- Aggressive behavior that is intentional and involves an imbalance of power or strength. Bullying involves actions such as: teasing or name-calling (verbal bullying), or intimidation through gestures or social exclusion. Occurring in person or any form of electronic communication, including, but not limited to, cell phones, computers, and tablets, or other communication tools, including social media sites, text messages, chat rooms, and websites. Harm to another athlete’s emotional well-being through creation of a hostile environment that is so severe or pervasive as to unreasonably and substantially interfere with an athlete’s well-being and ability to participate.

Bullying/Cyberbullying 2- Bullying/Cyberbullying 1 with actions such as: hitting or punching (physical bullying) and/or promoting threats or violence toward another individual sharing explicit pictures of another without that person’s consent.

Promoting threats or acts of violence- Depiction of violence or cruelty, which exceeds the limits of justified self-defense in an approving manner or for the purpose of promoting violent or cruel behavior among people using or not using weapons of any kind.

Discrimination- Discrimination against any person including, but not limited to, discrimination based on a person’s actual or perceived race, color, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender or sex. Including but not limited to any racial slurs or derogatory language.

Illegal Activity- Athlete's use and/or possession of tobacco or tobacco products, alcohol, illegal drugs, or drug paraphernalia including anabolic steroids.

Harassment- The creation of a hostile environment by conduct or by threats, intimidation, or abuse, including cyber bullying, that:

- a. has or would have the effect of unreasonably and substantially interfering with an athlete's performance, opportunities, or benefits, or mental, emotional or physical well-being; or
- b. reasonably causes or would reasonably be expected to cause an athlete's fear for his or her physical safety; or
- c. reasonably causes or would reasonably be expected to cause physical injury or emotional harm to an athlete; or
- d. creates or would foreseeably create a risk of substantial disruption with the environment, where it is foreseeable that the conduct, threats, intimidation, or abuse-

Acts of harassment and bullying include, but are not limited to, acts based on a person's actual or perceived race, color, height, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender or sex. For the purposes of this definition, the term "threats, intimidation or abuse" shall include verbal and non-verbal actions.

Sexual assault- Sexual contact or behavior, usually physical, that occurs without the consent of the victim.

Sexual harassment- Unwelcome sexual advances, requests for sexual favors, and other verbal and physical conduct of a sexual nature

Assault - Engaging in behavior intentionally or recklessly that causes physical injury to another person with or without a weapon.

South Buffalo Football Association Inc. Sport Parent Code of Conduct

I hereby pledge to provide positive support, care, and encouragement for my team participating in South Buffalo Football Organization by following this Parents Code of Conduct pledge:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I and my guests will be positive role models for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches and spectators at every game, practice, or other sporting event.
5. I and my guests will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
6. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
7. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.

8. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
9. I will teach my child that doing one's best is more important than winning so that my child will never feel defeated by the outcome of a game or his/her performance.
10. I will praise my child for competing fairly and trying hard; and make my child feel like a winner every time.
11. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
12. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
13. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
14. I will direct all my comments and criticisms of parents, participants, officials, board members away from the children participating in the league, and conduct myself in a calm, civilized manner when doing so.
15. I will respect the officials and their authority during games and will never question, discuss or confront coaches at the game field and will take time to speak with coaches at an agreed upon time and place.
16. I understand that illegal drugs, alcohol and weapons are not allowed at any game, practice or other sporting event.
17. I will refrain from coaching my child or other players during games and practices unless I am an official coach.
18. I will understand that it is my responsibility to get my child to practice on time and to pick up my child by the end of practice.
19. I understand that I am responsible for the care and upkeep of my child's uniform and equipment. I further understand that I must return a clean uniform and equipment at the end of the season or within five days should my child stop his/her participation in this organization.
20. I understand that it is my responsibility to clean up the park during practices, games, and other sporting events.
21. I understand that if my child quits the team during the season, the cost of registration and uniforms will not be returned, they will not be permitted to return the following season. – quits at all or just after a specific time, and the forfeit the right to any year end gifts.
22. I will respect the South Buffalo Football Association Inc.'s rules and regulations and agree to abide by those rules, responsibilities, and Code of Conduct. Violations of these rules could result in disciplinary action up to and including permanent dismissal from SBFA.

By signing below, I/We acknowledge that we have received the registration packet and agree to all terms included herein. Included but not limited to South Buffalo Football Association Inc. 2025 Registration, Emergency Medical Authorization/Medical Release, Medical Information/Release Form, Sport Parent Code of Conduct, Volunteer Responsibilities, Media Release, Social Media Disclosure, Disciplinary Rubric, Additional Rules, and New Communications.

Signature _____ **Date:** _____

Staff Signature _____ **Date:** _____

South Buffalo Football Association Inc.2025 Registration

Please Circle One:

Returning Veteran? Yes No **Team:** Mascots, Saints, Leprechauns, Tigers, Shamrocks

Please Print:

Player's/Cheerleader's Name: _____

Date of Birth: _____ Age as of **7/1/2025:** _____ School: _____

Grade for 25-26 Academic Year: _____

Street Address, City, State, Zip Code _____

Parents/Guardian 1- Name _____ Phone _____

Email Address _____ Relationship: _____

Parents/Guardian 2- Name _____ Phone _____

Email Address _____ Relationship: _____

Sibling(s) also in SBFA: _____

** If you are currently 14, you are not eligible to register if:
you will turn 15 on or prior to 10/26/2025 for Football and 12/1/2025 for Cheerleading***

South Buffalo Football Association Inc. 2025 Medical Information/Release Form

Athlete's Name: _____ Date of Birth: _____

Street Address, City, State, Zip Code: _____

Emergency Contact Information

Primary Contact: (name) _____

Relationship to child: _____

Phone: _____

Secondary Contact: (name) _____

Relationship to child: _____

Phone: _____

Name of participant's physician: _____

Phone: _____

Primary Insurance Carrier: _____

Policy/Group #: _____

Other:

| Part 1: Illness and injuries (check chronic or/and specify recurring illnesses that apply and give appropriate date) | YES | Date | Part 2: Allergies (check those that apply the nature of allergic reaction) | YES |
|--|----------------|------|--|-----|
| | Ear Infections | | | |
| Heart Defect/Disease | | | Pollen | |
| Bleeding/clotting disorders | | | Medication/Drugs | |
| Musculoskeletal disorders | | | Plants | |
| Asthma | | | Hay Fever | |
| Seizures | | | Food | |
| Diabetes | | | Insect Stings | |
| Medications we need to be aware of: | | | | |
| | | | | |
| | | | | |
| Other: | | | | |
| | | | | |

Mental/Behavioral Health: Any necessary information please provide below or discuss with athlete's head coach.

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Player's Name: _____

Parent or Guardian Name(s): _____

Signature(s): _____

Date: _____

SBFA USE

Recv'd by: _____

Date recv'd: _____

\$ Amount: _____

Check # _____

Cash

Birth Certificate

Photo

Card

SBFA Parent Survey

We Want to Hear From YOU!

Every year, the Board of Directors reviews our plans and processes.

We want to ensure a great experience for our SBFA Family! We'd love your input while we make some decisions for this and potential future seasons.

Banquet/End of Year Event

Please check the box for which kind of event you would prefer for the end of the year.

Banquet

The annual event we have at a banquet hall with dinner for all members of SBFA.

Team Parties

A separate party for each team

Comments:

Mandatory End of Year Gift Fundraiser

Please check the box for which fundraiser you would prefer annually.

Football Squares

Current fundraiser

New fundraiser

Suggestions:
